

MAYOR BOSS | HEALTH & WELLNESS

How to Wash White Clothes and Keep Them Brilliantly Bright - Every Time

Before You Wash

- Separate whites completely from all colors
- Check fabric care labels for water temperature
- Pre-treat stains immediately with stain remover or baking soda paste

In the Wash

- Use hot water if fabric allows (warm if unsure)
- Use a quality detergent with optical brighteners or enzymes
- Add one whitening booster:
 - 1/2 cup baking soda
 - 1 cup hydrogen peroxide
 - 1/2 cup white vinegar (in rinse cycle)
 - Oxygen bleach (as directed)
- Select the correct wash cycle:
 - Heavy-duty for cottons and towels
 - Gentle for delicates

Drying Tips

- Line dry in sunlight if possible
- Use low to medium dryer heat
- Avoid overdrying - remove clothes while still slightly damp

Long-Term Maintenance

- Wash whites after every wear
- Don't overload the washer - give clothes room to move
- Avoid using chlorine bleach regularly
- Refresh whites monthly with baking soda or vinegar

Reminder

Tip: Bookmark this list or print and post it in your laundry room!